



YOGA STUDY GROUP

Garden of Yoga

A welcoming group for exploring yoga together
through discussion, shared learning,
questions, and practice.



**SECOND SUNDAY
OF EVERY MONTH**



11:00 AM – 12:30 PM



OPEN TO ALL



No fee to attend. *Donations to support the studio
are gratefully accepted.*



Contact: Denyse Cholewa |



708-837-3500

Learn. Share. Grow. Practice. Together.

